MONDAY

	<u>MONDAY</u>
4:45 - 5:30 p.m.	K for K / Brown thru Black Belts
5:30 - 6:00 p.m.	TIGERS
6:00 - 6:45 p.m.	K for K / Camo thru Blue Belts
6:45 - 7:30 p.m.	Teens & Adults / All Ranks
7:30 – 8:15 p.m.	Warrior XFit Kickboxing (Teen and Adults)
TUESDAY	
11:00– 11:45 a.m.	Warrior XFit Kickboxing (Teen and Adults)
4:45 - 5:30 p.m.	K for K / Brown thru Red Belts
5:30 - 6:15 p.m.	K for K / White thru Yellow Belts
6:15-7:00 p.m.	LEGACY
7:00 – 7:45 p.m.	Rec. Black and Black Belt Class – All Ages
7:45 - 8:30 p.m.	Krav Maga
	WEDNESDAY
4:45 - 5:15 p.m.	TIGERS
5:15 – 6:00 p.m.	K for K / White thru Blue Belts
6:00 – 6:30 p.m.	Family Class (All Ages and All Ranks)
6:30 – 7:15 p.m.	Teens & Adults / All Ranks
7:15 – 8:00 p.m.	Warrior XFit Kickboxing (Teen and Adults)
<u>THURSDAY</u>	
11:00 – 11:45 a.m.	Warrior XFit Kickboxing (Teen and Adults)
4:30 - 5:15 p.m.	K for K / White thru Blue Belts
5:15 - 5:45 p.m.	Black Belt Club (Color Belts only)
5:45 - 6:30 p.m.	LEADERSHIP
6:30 - 7:15 p.m.	K for K / Brown thru Black Belts
7:15 - 8:00 p.m.	Teens & Adults / All Ranks
8:00 - 8:45p.m.	Krav Maga
	FRIDAY (ATA T-Shirt Night)
4:30 - 5:00 p.m.	TIGERS
5:00 – 5:45 p.m.	K for K / White thru Black Belts Sparring / Combat Sparring
5:45 - 6:30 p.m.	Warrior XFit Kickboxing (Teen and Adults)
<u>SATURDAY</u>	
9:15 – 9:45 a.m.	K for K / White thru Blue Belts
9:45 - 10:15 a.m.	K for K / Brown thru Red Belt
10:15 – 10:45 a.m.	TIGERS
10:45 - 11:30 a.m.	Teens & Adults / All Ranks
10:45 - 11:30 a.m.	K for K / Rec. Black and Black Belts

Krav Maga

11:30 a.m. – 12:15 p.m.